

I will give you rest Midweek Reflection # 52 June 19th, 2009

“My Presence will go with you and I will give you rest” Exodus 33:14 NIV

This is God’s promise to Moses on the mountain. Jesus makes a similar offer to his disciples in Matthew 11:28-30 “ Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls, For my yoke is easy and my burden is light.”

I love the way Eugene Peterson translates this passage in The Message: The Bible in Contemporary Language, NavPress, 2002;

“ Are you tired? Worn out? Burned out on religion? Come to me, get away with me and you’ll recover your life. I’ll show yo how to take a real rest. Walk with me and work with me ~ watch how I do it. learn the unforced rhythms of grace. I won’t lay anything heavy or illfitting on you. Keep company with me and you’ll learn to live freely and lightly.”

No promise of God has meant as much to me over the past year of fatigue.

And these verses seem to be God’s answer to me as I pray Psalm 42 & 43 on a daily basis : “As the deer pants for streams of water, so my soul pants for you, O God. My soul thirsts for God, for the living God.” (ps.42: vs 1-2 NIV)

“Send forth your light and your truth, let them guide me; let them bring me to your holy mountain , to the place where you dwell. Then will I go to the altar of God, to God my joy and my delight.” (Ps 43:3-4 NIV)

This is the day the Lord has made, let us be glad & rejoice in it. God is indeed good, and we have much to be grateful for. Thank you Lord for your presence with us.

Under God's Mercy,

Howie