

“Abba, Father, I feel you with me at every moment.”

Midweek Reflection # 75, Oct 1, 2009

**Psalm 16** contains wonderful affirmation of God’s presence with us at all times;

“Keep me safe, O God, for in you I take refuge. I said to the Lord, You are my Lord; apart from you I have no good thing. As for the saints who are in the land they are the glorious ones in whom is all my delight. The sorrows of those will increase who run after other gods, I will not pour out their libations of blood or take up their names on my lips. Lord, you have assigned me my portion and my cup; You have made my lot secure. The boundary lines have fallen for me in pleasant places; surely I have a delightful inheritance. I will praise the Lord who counsels me.” (Psalm 16:1-7 NIV)

**Here are a few more adaptations:**

“Unnameable God, I feel you with me at every moment.

You are my food, my drink,  
my sunlight and the air I breathe.

You are the ground I have built on and the beauty that rejoices my heart,

I give thanks to you at all times for lifting me from my confusion,  
for teaching me in the dark and showing me the path of life.

I have come to the center of the universe;

I rest in your perfect love.

In your presence there is fullness of joy and blessedness forever and ever.”

(Psalm 16 Stephen Mitchell A Book of Psalms Selected and adapted from the Hebrew)

“Remain ever before me, O Living Presence, For in you am I safe.

You are my Beloved; in you I can do all things.

I look to those who are at one with You and learn from them of your ways;

My delight increases each time I sense your presence within me!

Songs of praise well up from my heart!

Love is my chosen food, my cup, holding me in its power.

Where I have come from,

Where'er I shall go,

Love is my birthright, my true estate.

I bless the Counselor who guides my way;

in the night also does my heart instruct me.

I walk beside the Spirit of Truth; I celebrate the Light.

Thus my heart is glad and my soul rejoices;

I shall not be afraid, nor fall into the pit of despair;

In Love's presence there is fullness of joy.

You are my Beloved; in You will I live!”

**Psalm 16** in Nan Merrill's [Psalms for Praying An Invitation to Wholeness](#)

Reading and Praying Psalms like these have indeed been my refuge and hope during this illness. I praise the Beloved, Abba, His Son Jesus Christ and the Counselor, Their Holy Spirit for guiding me through the Word and giving me Hope for the journey.

**Abba, I feel you with me at every moment. You, O Merciful One, are ever present!**

Under The Mercy,

Howie

